HH Horizon House OAS REPORT



SUBSTANCE ABUSE SERVICE ACCOMPLISHMENTS REPORT

JULY 1, 2023- JUNE 30, 2024

Horizon House is a nonprofit organization, affiliated with the Center for Mental Health Policy Services Research (CMHPSR) and the Department of Psychiatry at the University of Pennsylvania, and is a constituent of the United Way of Southeastern PA (donor option #00067). Horizon House is a registered 501 (c)(3) charitable organization. A copy of the official registration and financial information can be obtained from the PA Department of State by calling 800-732-0999. Registration does not imply endorsement. Horizon House provides social, vocational, residential and employment opportunities without regard to race, ethnicity, color, sex, sexual orientation, gender identity, religion, national origin, ancestry, disability, marital status, age, source of income, familial status, or domestic or sexual violence victim status.

Shelter Care Plus Care VI, VII, VIII:

Horizon House's Shelter Plus Care, (SPC) program provides person-centered case management services, utilizing Motivational Interviewing and other evidence-based approaches and resources, designed to cultivate self-sufficiency and financial, emotional, educational and cultural stability. We assist individuals and families who have a history of substance abuse and homelessness in obtaining and succeeding in permanent housing.

In partnership with Columbus Property Management, a member of the Mission First Housing Group, SPC currently oversees 91 units of scattered-site housing located throughout Philadelphia. During the fiscal year, July 1, 2023– June 30, 2024, the three SPC programs maintained an 81 percent occupancy rate and serviced 103 individuals. This is a slight decrease from the last fiscal year. However, with the tenacity and fortitude of the SPC staff, participants, program applicants and their support, we continue to flourish. This fiscal year, we received 33 referrals: 10 accepted housing; 10 refused the housing opportunity; 11 left their referring program leaving no forwarding address and two required a higher level of care.

Also during this fiscal operating period, the SPC program participants achieved several milestones. Three participants graduated from the program: one participant purchased a home, and two others moved into market-value renting. Sixteen participants have obtained and maintained employment. Two employed participants have received promotions. Two participants have reunited with their families. It is written, "Education is the most powerful weapon which you can use to change the world" and four participants are pursuing their educational goals. One participant completed and graduated from Strayer University with a Bachelor of Arts degree. Two other participants are pursuing college degrees: One an MBA and one a Bachelor of Arts. One participant is continuing to study to obtain his GED.

Individuals in the program continue to combat the devastating effects of the opioid epidemic and the aftereffects of the COVID-19 pandemic. However, with our participants' resilience, their commitment to recovery management and determination to succeed, many more milestones were achieved. Participants accepted ownership of their recovery journey and voluntarily returned to their recovery supports; IOP, NA and renewed faith/spirituality. This fiscal year, there were no reports of incarcerations and several participants have successfully completed their probation sentencing. We continue to utilize the training on the proper application of Naloxone as well as motivational interviewing techniques to support participants. Our Living in Recovery support group is a popular resource for all participants who may be having difficulty positively managing their recovery. This year, several participants, realizing the importance of maintaining their emotional health, have returned to outpatient treatment to address their mental health concerns.

During this period, SPC case managers continue to creatively provide services. We have learned from and incorporated the interventions/techniques utilized during the COVID-19 pandemic and our pre-corvid service delivery procedures. While we have returned to in-person contacts and home/office and community meetings, we continue to conduct weekly safety phone checks utilizing Zoom as a means of communication for participants, who reside in high-crime areas and are hesitant to travel outside their homes. During all contacts, we continue to reiterate the importance of obtaining accurate medical information, including the value of vaccinations and booster shots. We have witnessed a decrease in the number of participants who are expressing anti-vaccination concerns. This year there has been a decrease in the number of reported positive COVID cases. We discuss various topics of interest directed by participants' input - the importance of optimal health-physical and mental, job and job training information and current community events.

This has been a year of renewal and progress. We are using newly developed skills involving motivational interviewing, maintaining communication and providing resources and information. Participants are exploring new opportunities, utilizing their newly developed skills, navigating new careers and personal paths and goals.

Susquehanna Park

This is the 16th year of Susquehanna Park's transition to providing drug and alcohol services for the chronically homeless population. Susquehanna Park (SP) is a 25-bed facility and accepts referrals from street outreach teams, the shelter system and other sources. This is an ASAM 3.5 non-hospital residential treatment program specifically designed to treat adult men recovering from substance use disorders, mental health disorders and struggling with chronic homelessness. This program falls under the umbrella of the Philadelphia chronically homeless addictions treatment programs, now known collectively as the Journey of Hope.

During the FY of July 2023 through June 2024 covered by this report, a total of 50 non-duplicated participants were served by SP. Of the 50 participants, more than 80 percent remained in treatment until they transitioned to a permanent supportive housing in conjunction with the Office of Homeless Services. Throughout this past year, the admissions participant profiles have indicated a slight increase of individuals whose mental health was a primary diagnosis. We have been successful in helping over 70 percent of the individuals admitted become stabilized (through a combination of medication and therapy), refocused on their goals and able to begin to obtain a healthy lifestyle.

The COVID-19 Pandemic had little to no negative impact on Susquehanna Park. The program experienced 1 outbreak of four participants who stabilized without hospitalization. The medical department continues to address public health issues with our residents encouraging vaccines for COVID, flu shot and pneumonia. Susquehanna Park is more than a traditional D&A non-hospital residential program; it is a modified therapeutic community that emphasizes long-term planning, establishing support networks and instilling coping skills to maintain lifelong recovery. Staff and participants regularly take part in wellness, recreational, educational, vocational, spiritual and service-oriented activities, such as softball games, basketball games, fundraisers, the Annual Recovery Walk, presentations to diverse audiences, community service, homeless outreach initiatives and so much more.

Horizon House Staff Psychiatrists July 1, 2023 - June 30, 2024

Russell Foo, Medical Director Thomas A. Armistead, H.O.P.E. (PACT) Harold Cottman III, New Keys Abdulbari K Farooqi, Mont. County ACT Michael F. Gliatto DELCO PACT Sheri L. Hollander, DELCO ACT Chandrakala Kathiravan, ACT Navigator Heather A. Kennedy, ACT Hope Mark Morales, PEACE
Pandya Paresh, Targeted Case Management Sv
Rabia Qazi, ACT Vision
Yekaterina L Tatarchuk, PEACE
Danielle Simpson, New Keys
William Smith, PEACE
Davis Yunis, Alliance

Horizon House Board of Directors

John F. Hunt, Esquire, Chairman Thomas P. Sheehan, Treasurer Karlyn Messinger, Secretary Richard Baron Robert B. Bodzin, Esquire Bishop J. Howard Debro, M. Div., D.D. Lawrence B. Fine, Esquire

Samuel Hirsch, Ed.D. Mary Joy Kaiser-Reinartz Joseph P. Lyons Joseph Metzinger Todd Siitonen Michael Brody

FINANCIAL STATEMENT 2021-2022 FISCAL YEAR

Horizon House, Inc. And Affiliates Consolidated Statements Of Activities

Years ended	7 20	2022	17	0 2021
vears ended	IIIne 3II	JUL J and	i lline ki	11 71171

Without donor restrictions Support and Revenue Program Revenue Grants and Contributions Other Net assets released from time and purpose restrictions Total Support and Revenue:	30, 2022 82,303,740 2,821,570 556,341 60,000 \$85,741,651	JUNE 30, 2021 85,548,247 2,790,612 839,001 60,000 \$89,237,860	
Program Services Mental Health, Drug and Alcohol Intellectual Disabilities Administration Total Expenses: Change in net assets without donor restrictions before other items Other Items Total other items Changes in net assets without donor restrictions With Donor Restrictions Contributions Net assets released from time and purpose restrictions Changes in net assets with donor restrictions Total changes in net assets	48,425,841 24,713,900 11,065,062 \$ 84,204,803 1,536,848 \$927,972 2,464,820 (60,000) (60,000) \$2,404,820	50,640,932 25,722,429 10,979,012 \$87,342,373 1,895,487 \$12,277,320 14,172,807 (60,000) (60,000) \$14,112,807	
NET ASSETS Net Assets Beginning of Year Changes in Unrestricted Net Assets Changes in Temporarily Restricted Net Assets Total Changes in Net Assets	\$ 25,613,245 2,464,820 (60,000) 2,404,820	\$11,605,438 14,172,807 (60,000) 14,112,807	
TOTAL REVENUE BY YEAR (in millions) 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021 2021 2021 2021	\$28,123,065	\$25,718,245	